October 1985

EW YORK CYCLE OCTOBER 1985

In its 49th year

Found in the newsletter of the Sarasota (Fig.) Bicycle Club.

President Martha Ramos 75 Henry Sc., \$16G Brooklyn, NY 11201 718/858-9142

V.P. Programs Sura Flowers 111-50 76 Rd., #4L Forest Hills, NY 11375 718/544-9168

V.P. Rides Lee Gelobter 2686 Ocean Ave. Brooklyn, NY 11229 718/646-7037

Secretary Rose Marie Ottomanelli 285 Bleecker St., #1R New York, NY 10014 212/675-2166

Treasurer Larry Rutkowski 17 Ft. George Hill New York, NY 10040 212/304-0485

Public Relations Director Larry Rottersman 182 Tysen St. Staten Island, NY 10301 718/448-7400

Roseann Korsa 2807 Claflin Avenue Bronx, NY 10468 212/549-2034

Membership Director Trene Walter 45 Pondfield Rd. W., #1J Bronxville, NY 10708 914/793-6209

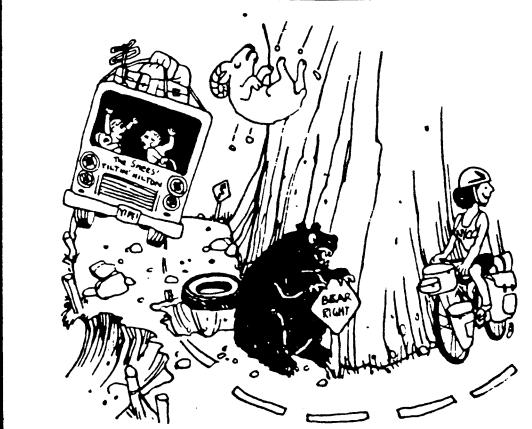
Circulation Manager Jody Sayler 49 W. 75 St. New York, NY 10023 212/799-8293

A-Rides Coordinator Stove Sklur 350 W. 55 Street, #62 New York, NY 10010 212/245-3245

B-Rides Coordinator Alinda Barth 83-18 125 Street Kew Gardens, NY 11415 718/441-5612

C-Rides Coordinator Gregory D'Agostino 1061 E. 92 St. Brooklyn, NY 11236 718/272-4271

Past President Chris Mailing 80 Carfield Pl. Brooklyn, NY 11215 718/965-0895



BEWARE OF BLIND CURVES!

BICYCLE USA

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P.O. Box 877, Brooklyn, NY 11202



Rides Schedule

GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

1) Select rides within your capabilities - avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.

2) Be on time or a bit early. Rides will leave promptly.

3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.

RIDE AND RIDER CLASSIFICATION

4) Bring water, snacks, spare tube, patch kit, pump and lights for after dark.

5) Eat a good breakfast.

Ride	/Riders		Riding Pace
"A+"	ANIMALS	Anything goes. Eat up roads, hills and all.	17+ mph
"A"	SPORTS(WO)MEN	Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stop every two hours or so.	14-17 mph
"в"	TOURISTS	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stop every hour or two.	11-14 mph
" C"	SIGHTSEERS	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stop every half to one hour.	8-11 mph
"D"	BEGINNERS	Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.	to 8 mph

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. Ride Coordinators' names and telephone numbers are listed on the cover of the Bulletin.

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

V.P. Rides Note: I would like to apologize to Maggie Clarke and John Mulcare for accidentally omitting their names as leaders of the B- and C All Class Club Rides from last months' write-up. Sorry, folks.

ThurMon. Oct.3-6 8:45 PM A	THE FRENCH CONNECTION RIDE (IN PART). BURLINGTON, VT TO NYC. Leader: John 6. Waffenschmidt (H.718-626-9835 W.212-566-0922) You've heard about Bastille Day, you've seen the movie, now comes the ride. The French Connection routes connect Montreal with the lower country. The Amtrak train to Burlington (Essex Junction) leaves from Penn Station at 9:46 PM on
361 mi.	Thursday Oct.3. Cost: \$30 trainfarer sleeper car (in addition to trainfare) \$30 singler \$50 doubler bicycle box (provided by Amtrak) \$5. First day 120 miles to Fort Edward (lodging approx. \$20 per person); second day 140 miles to Dover Plains (lodging approx. \$25); last day 101 miles back to NYC. Bailout opportunities exist at Poughkeepsie and points south via Metro-North (pass required) Pace busting and other forms of unusual behavior will be tolerated and to a certain extent encouraged. Train and hotel reservations have been made but due to the season space is extremely limited. Call John YESTERDAY if interested.

	John YESTERDAY if interested.
Sat.Oct.5 8:00 AM A 75 mi.	SOUTH MOUNTAIN ROAD RE-RE-REVISITED. Leader: Rich Herbin (212-666-2162) Another classic route beginning at the Central Park Boathouse and culminating in a delightful romp through surprisingly rural routes in Rockland County. Ride through an apple orchard and along the Hudson River Adventure Trails. Return triumphantly in a memorable 9W paceline. Alternate pickup at the GW Bridge walkway (NY side) at 8:40. Food stop at Friendly's after 30 miles, deli stop later.
Sqt.Oct.5	BAYVILLE THE PRETTY WAY, Leader: Marty Wolf (H.212-935-1460,W.212-210-7547) Heet at

Sqt.Oct.5
8:30 Ah
A75 miles

BAYVILLE THE PRETTY WAY. Leader: Marty Wolf (H.212-935-1460,W.212-210-7547) Meet at
Tranway Plaza (59th & 2nd) for a prompt 8:30 departure. First and only food stop will
be for lunch in Bayville. Call Marty for details.

Sat.Oct.5
SADDLE RIVER REVISITED. Leader: Alinda Barth(718-441-5612) Meet at the Boathouse for another ride through scenic Bergen County. There will be a deli or diner stop depending on the weather. Rain cancels.

Sun.Oct.6
A DAY AT THE RACES(UNOFFICIAL ALL CLASS CLUB RIDE) Leader: Mike Klaveness(H212-873-5754, P. 170 AM Charter Fortive) in Charter Page (charter P

8:30 AM W.212-262-6810) In conjunction with the Oyster Festival in Oyster Bay (where else?)

A there will be a professional criterium race (part of the 7-Eleven Cup Series). Meet Mike at

Boathouse for a friendly paceline ride via a scenic, meandering route for lunch in Bayville with the other groups and then on to Oyster Bay to watch the race.

B-/C+ Leaders: Sara Flowers (718-544-9168), John Mulcare (718-672-5272) Meet at the Statue on 9:00 AM Queens Blvd. (E or F train to Union Tpke.) for a somewhat hilly ride to the festival and race in Oyster Bay.

Sun.Oct.6 CONNECTICUT BERKSHIRES CARTOP. Leaders: David Moses(718-444-5681), Karen Reich

8+ (212-874-7923) This is an all day car topper for a ride through the scenic, historic, and

55 mi. HILLY areas of Litchfield County Connecticut. Call the leaders for further details.

Sat.-Mon. CAPITOL RUN-NEW YORK TO WASHINGTON. Leader: Steve Bauman, AYH (212-431-7100) If you Oct.12-14 missed the pre-trip meeting on Sept. 19 there still may be a chance that you can beg Steve to let you join the ride. Call AYH for details.

Sqt.Oct.12 HILLIER THAN THOU CENTURY AND METRIC CENTURY. Leader: Central Jersey Bicycle Club See application elsewhere in the bulletin.

Sat.-Sun. MAKO MADMESS. Leader: Art Guterding (212-861-6224) Dine on Mako shark at The Dory. A
Oct.12-13 friendly ride to Shelter Island. Stay overnight at the Chequit Inn. Return Sunday Oct.13.
You must make your own reservations. Call Art for the inn's phone number and further
9:00 AM details.
220 mi.

Sum Oct. 13 RIDGEFIELD FALL FOLIAGE CENTURY. Leader: Chris Mailing (718-965-0894) Meet at the 7:30 AM Boathouse for the sixth annual ride to Ossining, Somers and Ridgefield, Conn. Return via Bedford, Mt. Kisco and Pocantico Hills. Check out the scenery and fall foliage in between food stops in Ossining, Ridgefield and Tarrytown. Estimated riding time:7 hrs. Portions of the ride will be ridden in a double paceline. Maps will be available. Rain cancels.

Sun.Oct.13

NORTH SHORE HILL CLIMBER II. Leader: Alinda Barth(718-441-5612) Since the first hill climber was so much fun, we'll do another. This time we'll follow a longer and more scenic route developed by Ed Flowers (who used to know how to ride a bike, Ha Ha, L.G.)

Neet at the Statue on Queens Blvd. (E or F train to Union Tpke.) Lunch at the Northport Marina. Rain Cancels.

Sun.Oct.13 SOMERSET RIVERS. Leader: Stanley Simon(212-741-3241) Meet at the World Trade Center (Vesey) St. entrance), and take the PATH to Newark for a ride over gently rolling terrain. We'll cross many old iron bridges with intricate ironwork, some dating back to 1910. There will be a stop at the Neshanic Flea Market. Bring money for the PATH (\$.75 each way)

Sun.Oct.13 RICHMONDTOWN RESTORATION. Leader: Jerry Nelkin(718-874-8036) Meet at the Manhatten side of the Staten Island Ferry in time for the 9:30 ferry for a ride to the ever popular Richmondtown Restoration and LaTourette Park. Raindate Sun.Oct.20.

Fri.-Sun Oct.18-20 5:30 PM A/B/C

BUCKS COUNTY BASH (AYH RIDE \$B3) Leader: Amy Weinstock(718-438-1603) Join a group of adventurers as we journey down to historic Bucks County, Pa. We will be staying at the Newtown Hostel, a converted farmhouse which pre-dates the Revolutionary War. The hostel is located in Tyler State Park which has its own bike trail system. We will tour this large park and venture out to New Hope and Washington's Crossing via the East Coast Trail. Expect rolling terrain with distances of 35-40 miles per day. The cost of \$69 includes two breakfasts, one dinner, overnight hostel fee and round trip van transportation. You must sign up and pay for this trip in advance at AYH 75 Spring St. by Oct.13.(Refer to Trip #B3.) Trip departs at 6:00 PM on Friday from in front of AYH.

Sat.Oct.19 MA 00:8 A

70 mi.

75 mi.

90 mi.

STATEN ISLAND QUICKIE HILL CLIMBER, Leader: Jody Sayler(H.212-799-8293,W.212-977-6500) Early morning hills-Late breakfast at the Conference House-Fast flat back to the ferrybrunch on Columbus Ave. Start PROMPTLY from the Boathouse at 8 or meet at 8:25 at the ferry.

Sat.Oct.19 9:00 AM

BEDFORD VILLAGE, Leader: Joe Vaccaro(212-691-8515) Heet at Bedford Park Blvd. and Grand Concourse in the Bronx. (Next to last stop on the D train.) We will pass through Armonk on the way up and return through Connecticut. The usual stuff cancels. Call if in doubt.

KA 00:8 A

Sun.Oct.20 BEDFORD REVISITED, Leader: Maxim Vickers (H.718-728-7179, N.212-889-7100) It's different in autumn; the air is crisper, the leaves are turning, and the legs are stronger. We will ride from the Boathouse for breakfast in White Plains and then tour barely travelled country lanes of Connecticut and Westchester, now in their full fall foliage glory. NOTE: This is not an A+ ride, although some homest to goodness climbing is inevitable. There will also be a mile or so of un-metaled roadway. Morning rain cancels,

Sun.Oct.20 9:30 AM B+

55 mi.

GREENWICH, CONNECTICUT, Leaders: Debbie Bell(212-864-5153) & Martha Ramos(718-858-9142) Meet at the last stop of the #2 Train. This is a hilly ride into Westchester and Connecticut. Destination:Greenwich. Return via Westchester. The location of the lunch stop depends on the weather. If you think this is a hilly ride, you should see the ones we eliminated, including reversing Dingletown and Cat Rock Roads. Rain or starting time temperature below 40 cancels.

Sun.Oct.20 9:00 AM R

60 mi.

8-

.45 mi.

CLUB MARKED ROUTE FORWARDS (FOR A CHANGE). Lader: David C. Miller(W.212-594-5269,H.212-794 -9365) Heet at the Boathouse for a ride with a few steep hills over the marked club route in New Jersey. Please bring your lunch as the deli we used to stop at has been closed. Return by 4:00 PM.

Sun.Oct.20 9:00 AH

CROTON AQUEDUCT TO POCANTICO HILLS FALL FOLIAGE III. Leader: Maggie Clarke(212-567-8272) Meet at Broadway and 211th St. (End of the A train north end of 207th St. station.) The ride is a reprise of a great ride to see some great fall foliage, picnic on the Rockefeller Estate, and experience traffic free riding on the old Croton Aqueduct with views of the Hudson. Please bring your Metro North permit in case of emergencies, lunch or money for it and the usual tools, etc. Bikes with tires narrower than 1 1/8° are not recommended since the Aqueduct is not paved.

Sat.Oct.26 9:00 AM A/B

50-60 mi.

TIME TRIALS TAKE TWO. Leaders: Steve Skiar(212-245-3245), Lee Gelobter(718-646-7037) Do you remember the time trials we held in the spring? (Standing around and freezing your buns off!) Here's an opportunity to see how much you've improved during the season. You will be timed over the same route as we did in March (GW Bridge to Nyack via 9W). After lunch in Nyack we will return via Bradley Hill, Western Highway and Routes 340 and 501. THE RIDE WILL ASSEMBLE ON HUDSON TERRACE 2 BLOCKS NORTH OF THE GW BRIDGE WALKWAY. Because of the nature of the ride you should be prepared to stand around a while. (Leg and arm warmers are a good idea) Call Lee or Steve for further details. Rain cancels.

Sat.Oct.26 9:00 AM

SAGAMORE HILL. Leader: Sara Flowers(718-544-9168) We will take a quick look at the historic spots including Teddy Roosevelt's estate and other Victorian structures in Oyster Bay. We will socialize beneath the trees while we eat our lunch. Be prepared for some hills and some beautiful sights. Heet at the Statue on Queens Blvd. (E or F train to Union Tpke.) Don't forget your water bottle.

55 mi.

Sun.Oct.27 YE MERRIE LEAVES OF GLEN COVE. Leader: Maxim Vickers (h.718-728-7179, W212-889-7100) It peaks later on Long Island. We will start from the Boathouse to view the dramatic foliage MA 00:8 and mansionry on the North Shore. There will be an indoor breakfast and at least one deli 85 mi. stop. Double paceline where appropriate, but this will not be an A+ ride. Morning rain cancels.

HOLMDEL REVISITED. Leaders: Debbie Bell(212864-5153) & Martha Ramos(718-858-9142) Even if Sun.Dct.27 you didn't miss this car top ride in June come to enjoy the spectacular autumn scenery, 9:00 AN horsefarms and rolling terrain. Starting from the snack bar in Holadel State Park A/B+/B (Longstreet Road Entrance) near Exits 117 & 114 of the Garden State Parkway. Leaders will 100/80/60 mi be riding the 80 mile route at a 8+ pace. Follow them or ride at your own pace. Cue sheets will be available for all options. Call Debbie if you can offer or need a ride, or if you need directions to the starting point. Rain cancels.

FAREWELL TO SUMMER, Leader: Ed Rudetsky (718-736-3475) Meet at the Grand Army Plaza Sun.Oct.27 entrance to Prospect Park for an enjoyable, flat ride to the 5 Towns area. Rain cancels. 9:30 AM C 45 mi.

Coming Events

NYACK AGAIN, (OF COURSE). Leader: Bill Vojtech(718-336-6474) This ride was rained out Sat.Nov.2 8:30 AM last time so we'll try it again. Pray to your choice of Gods; Godesses, Spirits, Nymphs and/or Totem Poles for cool, crisp (but not wet) fall weather. The pace will be brisk and 45 mi. we'll try for a lunch stop with class. Meet at the GW Bridge walkway.

Tues.Nov.5 BANKERS, BUREAUCRATS AND FREELOADERS. Leader: Chris Mailing. A Classic !!

Tues.Nov.5 ELECTION DAY SPECIAL. Leaders: Debbie Bell & Martha Ramos. Destination Unknown??? R

Election '85

At the September 10 meeting of NYCC, the following people were nominated for the 1986 Board of Directors:

President:

Martha Ramos Lee Gelobter

VP Rides:

Steve Sklar Debbie Bell

VP Programs:

Amy Smolens

A Rides Coordinator:

Art Guterding Josh Keller

B Rides Coordinator:

Jackie Plate

C Rides Coordinator:

John Mulcare

William Clark

Circulation Manager:

Jody Sayler

Editor:

Gregory D'Agostino

Public Relations

Director:

To be announced

Secretary:

Alinda Barth

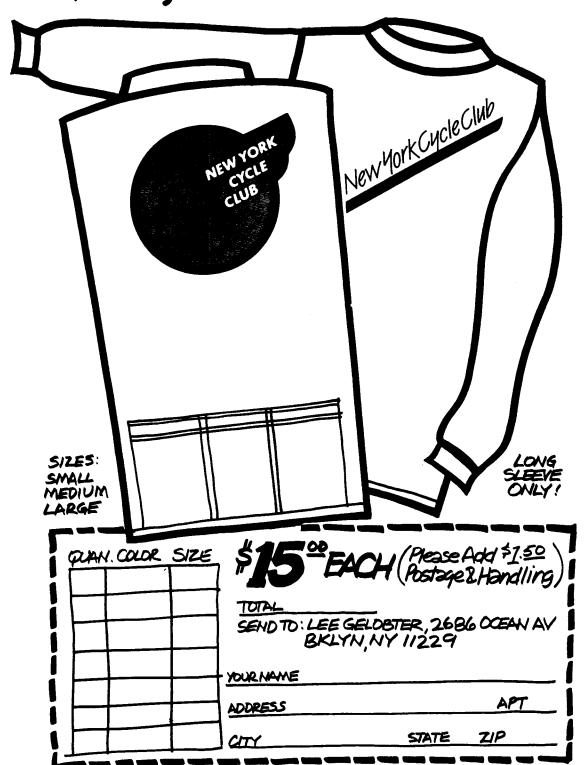
Rosmarie Ottomanelli



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DEADLINE: PLEASE MAIL YOUR ORDERS, CHECKS, M.O.'S ON OR BEFORE 10/8/85 NOTE: IF WE DON'T FILL A MINIMUM PRODUCTION ORDER BY THIS DATE, ALL CHECKS & M.O.'S WILL BE RETURNED TO YOU.



October Club Meeting Program

arranged by Sara Flowers VP Programs

TOUR DE FRANCE

Thanks to the collaboration of three NYCC members, our October meeting promises to be a spectacular presentation of a spectacular event. Lee Gelobter and Alan Zindman have skillfully and lovingly recorded and edited the video presentation of the 1985 Tour De France and have offered to share the good view with their fellow club members. Larry Rutkowski, with his good Treasurer's eye on preserving the NYCC dollar (but not his own back), will provide the TV monitor.

This will be a rich, full evening. Join Lee, Alan, Larry, Greg Le-Mond, Bernard Hinault, and an international cast of hundreds on October 12.

DATE: Tuesday, October 12, 1985

TIME: 6:00 PM for beer, cocktails, soda, or just plain socializing

7:00 PM for dinner

IF YOU WANT DINNER AT THE FIXED PRICE (\$10 for the meat, fish, or poultry; \$7.50 for vegetarian; desserts extra) YOU MUST PURCHASE BY 7:00 PM. Diners will receive color-coded coupons; non-diners

will be seated separately

PLACE: O'Hara's

120 Cedar Street

(N.B. 120 Cedar Street is one block south of the World Trade Center, between Trinity and Greenwich Streets. Enter the restaurant on Cedar Street, go through th door on your right, and go up stairs to our private room.)

BICYCLE PARKING IS PROVIDED but bring a lock for security. Take the elevator to the 4th floor, and leave your bike in the storage area provided there.

Classified

20" HOLDSWORTH--only \$400. 531 DB; all Campy except Weinman CP brakes; Brooks pro, tubulars. Silver and blue with chrome forks and chainstays. Practically unused. For more information about this great buy, call Vera Kraus at 212/989-1173.

MODOLO ANATOMICAL BRAKE HOOD COVERS. Black. Fits Modolo, Campagnolo, and Suntour. Call Roseann Korsa, 212/549-2034.

SILCA FRAME PUMP (without Campy head). Color: Royal Blue. Will fit 21" frame. \$7.00. Call Roseann Korsa, 212/549-2034.

Lead a bicycle ride for two. Taurean bicycle enthusiast joined NYCC to meet the man of her dreams--someone she could relate to on a bicycle. If you are an SJM between the ages of 30 and 40; call Janie evenings at 718/846-8120.



the "New York Cycle Club," to: NEW YORK CYCLE CLUB, P.O. Box 877, Brooklyn, N.Y. 11202 address and receiving one bulletin. Mail this application, with a check made payable to 1985 membership dues are \$12.00 per individual, \$15.00 per couple residing at the same

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AFTER LABOR DAY, DUES ARE HALF THE ANNUAL PRICE!				7.0.0.Y.W 40		
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As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic

APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

Jody Sayler 49West 75 Street New York, NY 10023



ARLENE BRIMER APT. 36 345 WEST 85TH STREET 10024 NEW YORK, NY